



## Ingredient List



Water



Nettle plant



Gelatin



Glycerin

QR CODE

## Preperation Steps

### Step one

Put the dried nettle plant leaves in a grinder until it turns into a powder.

### Step two

Pour 100 ml water into a pan, add gelatin ad glycerin an heat mixture until it begins to thicken.

### Step three

Mix the nettle powder to the pan.

### Step four

Pour the mixture into a mold and leave it to harden.

## Material Assessments

hard



soft



opaque



transparent

smooth



rough



tough



ductile

matte



glossy



light



heavy

elastic



not elastic



fibred



not-fibred

strong



weak



opaque



transparent

tough



ductile

light



heavy

fibred



not-fibred

## RECIPE 02

## Forming Technique

## References

[https://naturelab.risd.edu/discover/biomaterials-you-can-make-at-home/?mc\\_cid=af61d94ee1&mc\\_eid=1a40f53cf1](https://naturelab.risd.edu/discover/biomaterials-you-can-make-at-home/?mc_cid=af61d94ee1&mc_eid=1a40f53cf1)

Forming Technique  
Photo

